



Lesson 6 – Handout 1

The 10 Rules of Knife Safety

1. Never play with knives or sharp tools.
2. Concentrate on what you're doing when using a knife.
3. Use sharp knives. Dull blades cause more accidents.
4. Always use a cutting board.
5. Keep knives away from the edge of the counter to lessen the chance of being knocked off.
6. Step out of the way if a knife is dropped.
7. Use a knife for its intended purpose. Don't use it as a can-opener, screw driver, staple remover, or box opener.
8. Carry a knife by the handle with the tip pointed down and the blade turned away from your body.
9. Keep knife handles free of grease or other slippery substances.
10. Choose a knife that is the correct size and has the proper blade for the job.